

Some suggestions as you come to pray:

Find somewhere comfortable to sit

Light a candle

Be aware of your body as you still yourself

Take a deep breath in and be aware of
God's presence with you

Wonder what God might have for you in
this moment

"You have made us for yourself, O Lord, and
our heart is restless until it rests in you."

St Augustine of Hippo

Caraway


www.caraway.uk.com

HOME PRAYER

SPRING 2020



Opening Declaration

O Lord, open our lips

And our mouth shall proclaim your praise

Opening Scripture

One thing I ask from the Lord,

this only do I seek:

that I may dwell in the house of the Lord

all the days of my life,

to gaze on the beauty of the Lord

and to seek him in his temple.

For in the day of trouble

he will keep me safe in his dwelling;

he will hide me in the shelter of his sacred

tent and set me high upon a rock

Psalm 27: 4-5

Prayer

Gathering God,

who speaks words of comfort to those who

are bewildered and afraid, help us all hear

Your words beyond the chaos and noise:

‘Do not be afraid, I am your shield.’

Christ with us, Christ within us

Christ behind us, Christ before us.

Silence

Words from Scripture

God is our refuge and strength,
an ever-present help in trouble.

Psalm 46:1

Come to me, all you who are weary and
burdened, and I will give you rest.

Matthew 11: 28

May the God of hope fill you with all joy and
peace as you trust in him, so that you may
overflow with hope by the power of the
Holy Spirit.

Romans 15: 13

Prayer

Sheltering Son,

In these days of trouble, cover with protection
those who are most vulnerable,

Gather under your wings all who are feeling
anxious in this time of uncertainty.

May your healing presence be with all those
who are struggling in body, mind or spirit

Help us to hear your words beyond the chaos
and the noise,

‘Do not be afraid, I am your shield.’

Christ comfort and restore us.

Christ beneath us, Christ above us,

Christ in quiet, Christ in danger

Silence

Strengthening Spirit,

waiting on You, let our hearts take courage,
mindful of our citizenship in heaven,

working for Your will to be done on earth.

May you give wisdom to all those in leadership
and your sustaining strength to those working

for our health and social services. Help us all
hear your words beyond the chaos and noise:

‘Do not be afraid, I am your shield.’

Christ in hearts of all that love us,

Christ in mouth of friend and stranger

Silence

Our Father in heaven, hallowed be your name,

Your Kingdom come, your will be done,

On earth as in heaven,

Give us today our daily bread.

Forgive us our sins,

As we forgive those who sin against us.

Lead us not into temptation

But deliver us from evil.

For the kingdom, the power and the glory are
yours, now and forever. Amen

Blessing

May the peace of God, which transcends all
understanding, guard our hearts and our
minds in Christ Jesus.

Amen